

# The Lord's Supper – a short interactive activity for families.

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**Materials needed:** *Grape Juice, a small cup/glass* for every member of the family (fill each cup with a small amount of grape juice beforehand), *bread or crackers, a candle* as well as the *picture* of the Last supper with Jesus – Classical Children's Bible (on laptop or print the picture).

**Gathering:** family sits around the table after everyone has washed their hands (you can make a ritual of that as well). One of the children lights the candle as a symbol of Jesus being present at the table.

**Storytelling:** Each member of family has the opportunity to speak of his or her experience of being in lockdown.

Then everyone looks at the picture of the Last supper as depicted in the Classical Children's Bible. Give everyone a chance to tell what they experience when they look at the picture.

Then hold hands as someone reads the story in the Classical Children's Bible or Mark 14:12-26 in the Bible.

**Lord's Supper:** A parent or a caregiver says a short prayer.

The bread is taken and held up and the following is said:

*This bread (cracker) reminds us of Jesus Christ's body who died for our sins on the cross. When we break this bread of forgiveness (do it now), share it with each other and eat it – we remember what Jesus did and does for us.*

When the bread has been eaten, let everyone close their eyes and thank Jesus with a short silent prayer.

The cup with the grape juice is held up and the following is said:

*The grape juice – the cup of thanksgiving- reminds us of Jesus' blood on the cross and His blood reminds us that He gives us a new life and an abundant life. When we drink this grape juice of new life (do it now), we remember what Jesus did and does for us.*

When everyone is finished with their grape juice, let everyone close their eyes and thank Jesus with a one word prayer ... for example **Thank you Jesus for** ... love ... family ... home, etc. The best will be if the parent or caregiver starts the **one word prayer** ...

**Sending:** The parent or caregiver says:

*Let us hold our hands up in the air and with this gesture we ask the Lord to bless and protect the world. Let us now hold our hands in front of us as a symbol that we must always share love with others.*

